



# AORAKI BOUND

## Application Form

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Please return completed application and supporting information to:  
Janyne Morrison, Tē Runanga o Ngāi Tahu, PO Box 13-046, Armagh, Christchurch

Contact [aoraki.bound@ngaitahu.iwi.nz](mailto:aoraki.bound@ngaitahu.iwi.nz)

Find us on Facebook

[www.aorakibound.co.nz](http://www.aorakibound.co.nz)

Call (0800 524 8248 Kāi Tahu)

[www.aorakibound.co.nz](http://www.aorakibound.co.nz)

[www.outwardbound.co.nz](http://www.outwardbound.co.nz)

### 1. Personal Details

First name(s)

Surname

Address





Home Phone

Work Phone

Mobile

Fax

Email

Gender

Male  Female

Age

Date of Birth

Day   Month   Year

Name of current Employer / Training Provider / Other



Occupation



Ethnicity / Iwi Affiliations



Are you registered with Ngāi Tahu?

Yes  No

If yes, what is your registration number?

Which Runanga do you affiliate with?






Dietary Information

Vegetarian  Other

Details



Please state any food allergies or other dietary requirements




## 2. Course

How did you hear about Aoraki Bound?

Preferred Course Date (refer to [www.aorakibound.co.nz](http://www.aorakibound.co.nz))

Option 1

Option 2

## 3. Alternative / Emergency Contact

First name

Surname

Address

City

Home Phone

Work Phone

Mobile

## 4. Info

To enable the selection panel to ensure diversity in the range of course participants, please answer the following:

How would you rate your knowledge of the following cultural practices?

Mahinga Kai (food gathering)

- Excellent  
 Very good  
 Reasonable  
 Limited  
 No Knowledge

Pūrākau (history / traditions)

- Excellent  
 Very good  
 Reasonable  
 Limited  
 No Knowledge

Tikanga / Kawa (customs / protocol)

- Excellent  
 Very good  
 Reasonable  
 Limited  
 No Knowledge

Waka (traditional canoes)

- Excellent  
 Very good  
 Reasonable  
 Limited  
 No Knowledge

Kapa Haka (performing arts)

- Excellent  
 Very good  
 Reasonable  
 Limited  
 No Knowledge

Te Reo (language)

- Excellent  
 Very good  
 Reasonable  
 Limited  
 No Knowledge

## 5. Referee / Support People

Please provide the names of two people who are willing to support your application. One must be a member of your whanau, the other your employer / lecturer / Runanga rep etc

### Referee 1:

First name(s)

Surname

Relationship to you

Home Phone

Work Phone

Mobile

Email

### Referee 2:

First name(s)

Surname

Relationship to you

Home Phone

Work Phone

Mobile

Email

## 6. Personal and Medical History

To ensure the safety of all participants and quality outcomes for all, Aoraki Bound participants are screened by Outward Bound as part of the application process. This screening is conducted based on the information provided in this application form, and the medical form which must be completed by your doctor. Please note, final acceptance onto Aoraki Bound is at the discretion of Outward Bound's screening Manager and Nurse. Both are available to discuss any concerns or questions you may have before enrolment. Please answer the following questions, to assist us in this process.

Can you comfortably run 3km in under 25 minutes

Yes / No

Do you smoke? If so, how many per day?

Yes / No

Are you, or is there a chance you could be pregnant?

Yes / No

Height:

Weight:

If you have answered yes to any of the above, please provide details:

### Medical Conditions

Do you have a medical conditions such as:

- Allergic reactions/anaphylaxis - bee/wasp, food, environment, medicine
- Mental illness – depression, anxiety, phobia, substance abuse, eating disorder or other
- Diabetes
- Traumatic experience or death of close relative/friend in past 12 months
- Injury – head, joint or other serious
- Disability – intellectual, physical
- Illness or operations of a serious nature
- Epilepsy
- Medication – recent changes
- Heart conditions, high blood pressure, fainting attacks or blackouts

If you have answered yes to any of these conditions, please provide details below:

### Personal History

Have you had any criminal convictions in the past (including Youth Court)?

Yes / No

Are you under any current bail conditions or have any court charges pending?

Yes / No

Do you have any behavioural issues (ADD, ADHC, aggression), developmental issues (e.g. aspergers, dyspraxia) or difficulty functioning with others? Yes / No

If you have answered yes to any of the above, please provide details:

  


## 7. Privacy

- All personal information regarding participants will be held confidential to Outward Bound and Te Rūnanga o Ngāi Tahu.
- Outward Bound and Te Rūnanga o Ngāi Tahu reserve the right to use the names, comments and photographs of participants for marketing, public relations and post course communication purposes, as appropriate.
- A copy of the participant's course report will be sent to Te Rūnanga o Ngāi Tahu.

## 8. Your Commitment

Please attach:

- A letter stating
  - Why you want to attend Aoraki Bound
  - What you believe you will gain from the experience
- That you meet the minimum physical requirements required by Outward Bound, or will commit to undertaking a physical training programme to meet these standards by your course commencement date. These are - being able to run 3km in 25 minutes and participate in a full day of physical activity.
- Your curriculum vitae or summary of your education and/or work experience, sporting and/or cultural activities, community / rūnanga service and anything else you feel will provide us with a more complete picture of you.

## 9. Course Fees

The 20 day course fee is \$4,400 plus GST (\$4,950). Please attach a cheque for \$195.00 made payable to 'Te Rūnanga o Ngāi Tahu' and enclose this with the application form. Your application will not be processed without the deposit. Deposit refund at Te Rūnanga o Ngāi Tahu discretion if withdrawal from course occurs 6 weeks prior to course start date.

If you require assistance to meet the full cost of your course, please complete the following:

### My personal fundraising plan for Aoraki Bound

Source 1	My deposit	\$195-00
	How much money can I get myself?	
	How much money can whanau and friends donate?	
	How much money do I intend to raise through personal fundraising activities?	
Total - Source 1		<input type="text"/>
Source 2	Employer	
	Rūnanga	
	Rotary Clubs	
	Lions Clubs	
	Other	
	Local Businesses	
	Other organisations / community fundraising	
Total - Source 2		<input type="text"/>
Total - Combined		<input type="text"/>
Total cost of my course		\$4,950-00
Shortfall		<input type="text"/>
How much assistance do I require through scholarships accessed through Aoraki Bound?		<input type="text"/>

**Note: If you need us to invoice different contributors to your course fees directly, please provide details below:**

Company Name	<input type="text"/>
Postal Address	<input type="text"/>
	<input type="text"/>
Phone Number	<input type="text"/>
Contact Person	<input type="text"/>
Amount to be invoiced (incl GST)	<input type="text"/>

## 10. Conditions of Enrolment

- **SAFETY** - The safety and welfare of all participants is our primary concern. All participants however, do take part at their own risk and must accept personal liability for any injury or loss. Note: there are times during the course when participants will not be under direct supervision of Outward Bound and staff members. **I understand that as a participant I must comply with all instructions given during the course.**
  - **FITNESS** - Good health and a good basic level of fitness are required. I must meet the minimum fitness requirement of being able to comfortably run 3km in less than 25 minutes.
  - **SMOKING, ALCOHOL AND NON-PRESCRIPTION DRUGS** - Outward Bound has a no-smoking policy. Alcohol and non-prescription drugs are not permitted at any time during the programme. **I understand that Outward Bound has a no-smoking policy and that absolutely no alcohol or non-prescription drugs are permitted.**
  - **TRAVEL** - A high standard of behaviour is expected from all participants without exception, as you will be representing Outward Bound and Te Rūnanga o Ngāi Tahu. Participants are asked not to consume alcohol or drugs while travelling to or from Anakiwa. **I agree to a high standard of behaviour whilst travelling to and from Aoraki Bound.**
  - **WILLINGNESS TO PARTICIPATE** - Commitment to fully participate, cooperate with and respect others, their beliefs and belongings is essential to the success of an Aoraki Bound course. I agree to give my absolute all to the Aoraki Bound experience! I will take a positive attitude, do my best during all activities, work hard, support other team members and be open to all that I will experience. **I am willing to fully participate in my Aoraki Bound course.**
1. I agree to write a letter to Te Rūnanga o Ngāi Tahu within 2 weeks of returning from Aoraki Bound, detailing what I learned both personally and culturally, how my objectives were met, what I will do differently, how I will share what I learned with whanau, in my workplace and the wider community (plus anything else you would like to share) Yes/ No
  2. I agree to be interviewed by Ngāi Tahu Communications prior to departure for the course and following my return if required, to be used for marketing for Aoraki Bound / Outward Bound as appropriate. Yes/ No
  3. I would like to be included on the Ngāi Tahu Aoraki Bound Alumni database (this allows Te Rūnanga o Ngāi Tahu to stay in contact with you for ongoing evaluation of the programmes impact, marketing, offering you suitable ongoing development opportunities and various alumni activities. Yes / No
- I agree to the Conditions of Enrolment as outlined above and understand that if I fail to comply with the conditions, I may be sent home at my own expense.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Note: Participants are accepted at the discretion of the Outward Bound Trust of New Zealand and Te Rūnanga o Ngāi Tahu.**

## Checklist

Ensure the following are completed in full and returned with your application

- Application form
- Letter to support your application
- Your deposit of \$195. Please make cheques payable to 'Te Rūnanga o Ngāi Tahu'

**Note: Do not complete your medical at this stage. We will notify you when this is required.**

## Application Process

1. Application received
2. Acknowledgement letter
3. Selection committee review applications
4. You will be notified whether or not your application has been successful within 6 weeks
5. Letter requesting your medical (sent 4 months prior to course start)
6. Letter confirming full application has been approved and invoice for balance of course fees (full payment due 6 weeks prior to course start)

**Please note: Your place on a course is not secured until your complete application and deposit are received. To ensure you get your preferred course date, please do this asap.**